NHS Foundation Trust

January 2016

gp.link

the MCHFT GP newsletter

GP Link is designed to keep you up-to-date with news and details of service improvements at Mid Cheshire Hospitals NHS Foundation Trust

www.mcht.nhs.uk/gps

Lung Cancer Project Wins National Excellence Award

The Macmillan Lung Cancer Project Team, based at Leighton Hospital, was recognised for its inspirational work supporting people affected by lung cancer in the area at a national ceremony in November.

The proactive collaboration between Mid Cheshire Hospitals NHS Foundation Trust (MCHFT), NHS South Cheshire Clinical Commissioning Group and Cheshire East Council's public health team was presented with Macmillan's Team Excellence Award.

The Excellence Awards were developed celebrate to the outstanding work carried out by Macmillan health and social care professionals across the country. The event recognised excellence in four areas: service improvement, innovation. integration and teamwork.

The Team Excellence Award honours those teams who are not only high-performing and innovative, but whose fantastic teamwork has meant that people affected by cancer receive an outstanding level of support.

The Project Team's award-winning work involved working together to redesign the lung cancer pathway and empower and support patients at all stages.

Through educating **GPs** practice nurses, they have increased referrals and reduced the volume of cancers diagnosed through emergency admission from 21% to 13% in one year. This has led to more patients being able to receive effective treatment for their cancer rather than best supportive care.

Since the project began, access to a Lung Cancer Clinical Nurse Specialist at diagnosis has also increased from 46% to 85%, which ensures patients have access to all available support and the best possible experience.

Michelle Huxley, Project Lead, said: "It is an honour to have our work recognised by Macmillan. I see this award as recognition of the whole team's hard work to improve the outcomes and experience of people affected by lung cancer."

Dr Paul Dodds, Medical Director and Deputy Chief Executive of MCHFT, said: "We are very proud of our Lung Cancer Project Team and delighted that their hard work has been recognised.

"Lung cancer is one of the main causes of cancer death in our local

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If you have any feedback on this newsletter, or any suggestions for future articles, please tell us by emailing gp.link@mcht.nhs.uk.

area and the team has shown great commitment to raising awareness. empowering patients and improving their quality of care."

People who have any of the symptoms of lung cancer are encouraged to get checked without delay by their GP. Alternatively, if they have symptoms and are 50 years old or over, they can go directly to the X-ray department at Leighton Hospital and request a chest X-ray.



Quality & Safety Improvement Strategy

MCHFT will shortly be holding a number of engagement events with patients and the public to hear their views about healthcare in the local area.

Views will be sought on what aspects of care could be improved over the next few years as part of the Trust's Quality and Safety Improvement Strategy for 2016-2018.

The current programme has led to a number of significant improvements in the quality and safety of patient care, further information on which will be covered as part of the engagement sessions.

A key component of the Improvement Strategy is the Trust's commitment to the national "Sign Up to Safety" campaign, which aims to halve the number of cases of avoidable harm in the NHS over the next three years.

Alison Lynch, Director of Nursing and Quality at the Trust, said: "We are keen to ensure that everyone in the local community has the opportunity to have their say on the future of our services.

"By helping to shape the care and treatment that is important to them, our local population will be able to have absolute confidence in the healthcare services that are available to them." The engagement sessions are open to anyone, but advanced registration is requested. To book your place, or for further information, please contact the Patient Experience Manager, on 01270 273961 or email patient.experience@mcht.nhs.uk.

The dates, times and venues for the sessions are listed below:

- Northwich Memorial Court (Chesterway, Northwich CW9 5QJ) – Thursday, January 21, 2016 – 9.45am-12.30pm.
- Crewe Library (Prince Albert Street, Crewe CW1 2DH) – Monday, January 25, 2016 – 1.45pm-4.30pm.
- Winsford Lifestyle Centre (The Drumber, Winsford CW7 1AD) – Friday, January 29, 2016 – 1.45pm-4.30pm.

The events are also being supported by Healthwatch Cheshire East and Healthwatch Cheshire West and Chester.

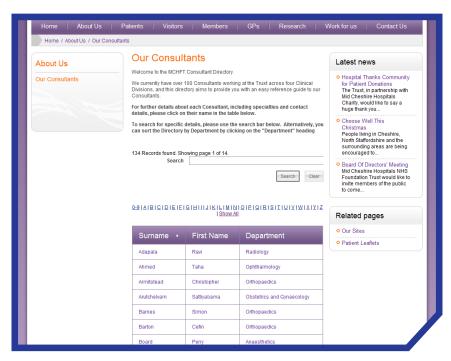
Please note that the contents of each session are the same so people only need to attend one. Further dates and times are currently being explored, so if you are unable to attend one of the above sessions, please register your details using the contact information above and the Trust will advise you on any additional sessions once arranged.

Consultant Directory

Did you know that there is an online directory on the MCHFT website which lists the Trust's Consultants, their areas of interest and how to contact them?

The searchable database is available at **www.mcht.nhs.uk/ consultants** and is updated on a regular basis.

Just click on the chosen Consultant's name to view further details about them.



Update on Monitor Investigation

In August 2015, Monitor, the regulator for Foundation Trusts, undertook an investigation into MCHFT's financial position. This investigation was a result of the Trust's predicted deficit to the end of the 2015/16 financial year and the requirement for financial support early in the next financial year (2016/17).

The Trust has been working closely with Monitor to ensure that the regulator had access to all of the appropriate information so that any necessary improvements can be implemented as swiftly as possible.

In November, the Trust received formal feedback as Monitor presented their conclusions and recommendations. In summary, these conclusions were:

- There are no significant governance concerns or concerns around operational performance;
- The Trust's financial governance is very strong;
- The Trust is efficient and productive, with any areas of inefficiency already being identified by the Trust with work programmes in place to rectify;
- At this stage the Trust is not in breach of its regulatory licence.

At the time of this newsletter being finalised, Monitor's investigation is not officially closed and the Trust is therefore still technically 'under investigation'. However, Monitor has confirmed

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that no more investigatory action will be undertaken.

The next steps are aligned to those in the recently published NHS Planning Guidance and relate to a health economy five-year Service Transformation Plan (STP). The STP will demonstrate how the health economy transformation plans will create sustainable, high quality services and achieve financial balance for the health economy. STPs require submission by June 2016. The strength of the STP will determine what access to the national Transitional Funding that the health economy will have.

In addition to the plan, the Trust is continuing its work to maintain and improve internal efficiencies, productivity and financial control and measures have been put in place to help deliver this improvement.

Tracy Bullock, MCHFT Chief Executive, said: "For me personally, I am delighted that Monitor recognises the strength of our organisational and financial governance and that, once again, external scrutiny has shown us in a very good light. We are all acutely aware of the challenges ahead but, from talking to staff across the organisation, I know that we are well placed to collectively address these challenges and ensure Mid Cheshire Hospitals remains a successful and vibrant organisation."

Lessons Learned - Unified DNACPR

MCHFT is always keen to use comments from stakeholders to improve the services and experiences that it offers to its patients. One such example is the improvements made following GP concerns regarding uDNACPR.

It had been reported that, on some occasions, next of kin were being given the uDNACPR form without a thorough explanation taking place upon discharge. Additionally, it was felt that certain pieces of documentation were not being monitored closely to ensure that discussions had been documented or that reviews had taken place into the appropriateness of the forms.

The Trust has taken these comments seriously

and has issued updated guidance to staff to ensure that such issues do not occur again in the future.

The Trust now hopes that this will help to improve communication with patients and their families and/or carers. Additionally, good documentation allows medical staff to justify decisions and keep a timely record of discussions. Improved communication with primary care also helps to ensure that patients get the right care in the right place at the right time.

For further information on the uDNACPR improvements, please contact Susan Barber on 01270 273560.

Ward and Contact Information

The table below outlines the speciality, visiting times and contact telephone number for each Ward at Leighton Hospital, as well as the general numbers for Elmhurst in Winsford and Victoria Infirmary in Northwich. Please note that these details are correct at the time of printing (January 2016), and visiting times and specialities may change should reconfiguration occur after this time.

Ward	Speciality	Weekday Visiting Times	Telephone Number
Ward 1	Cardiac	3pm-8pm	01270 612003
Ward 2	Primary Assessment Area	11am-8pm	01270 612009
Ward 3	Acute Medical Unit (formerly Emergency Assessment Unit)	11am-8pm	01270 612034
Ward 4	General Medicine, Care of the Elderly	Open at all times	01270 612018
Ward 5	Respiratory	Open at all times	01270 612021
Ward 6	Stroke and Rehabilitation	3pm-8pm	01270 612359
Ward 7	Gastroenterology	3pm-8pm	01270 612030
Ward 9	Orthopaedic	7pm-8pm	01270 612039
Ward 10	Surgical Assessment Unit	3pm-8pm	01270 612044
Ward 10	Surgical Specialties Ward	3pm-8pm	01270 612045
Ward 12	Female Surgery & Gynaecology	3pm-8pm	01270 612199
Ward 13	General Surgery	3pm-8pm	01270 612057
Ward 14	Gastroenterology	3pm - 8pm	01270 612012
Ward 15	Orthopaedic Trauma	3pm-8pm	01270 612066
Ward 16	Paediatrics, 10-16 Years	Open at all times to parents / carers. Other visitors (including siblings): 2pm-8pm	01270 612070
Ward 17	Paediatrics	Open at all times to parents / carers. Other visitors (including siblings): 2pm-8pm	01270 612073
Ward 18	Diabetes, Endocrinology	3pm-8pm	01270 612051
Ward 19	General Medicine, Cardiac	3pm-8pm	01270 612079
Ward 21B	Non-Acute Rehabilitation Unit	3pm-8pm	01270 612214
Ward 22	Neonatal Intensive Care Unit	Open at all times to parents and siblings. Other visitors: 6.30pm - 7.30pm. Only two visitors per patient at any time.	01270 612282
Ward 23	Maternity	Partners only: 10am-10pm Other visitors (including patient's other children): 10am-8pm Only two visitors per patient at any time.	01270 612287
Ward 25	Gynaecology Outpatients (Patrick Murphy Unit)		01270 612212
Ward 26	Labour Ward		01270 612144
Critical Care		12noon-2pm; 5pm-8pm	01270 612167
Elmhurst Intermediate Care Centre, Winsford		3pm-8pm	01606 597630
Victoria Infirmary, Northwich			01606 564000

Other useful contact details:

Main Switchboard: 01270 255141

Customer Care Team: 01270 612410 / customercareteam@mcht.nhs.uk

Mid Cheshire Hospitals Charity: 01270 273248 / charity@mcht.nhs.uk

Online:

Website www.mcht.nhs.uk

• Twitter @MidCheshireNHS (Trust) / @MCHCharity (Charity)

YouTube www.youtube.com/user/MidCheshireHospitals

Facebook (Maternity) www.facebook.com/leightonhospitalmaternityunit