

Asthma advice for patients 12 years and over

Patient Information

You or your child have had an asthma attack but do not need to stay in hospital.

Please make sure you take (or your child receives) all the prescribed medication. If you or your child have been prescribed Prednisolone (steroid), it is important that the entire course is finished.

Please make an appointment to see your own GP in the next two to three days.

When to seek further help

If you are concerned that you or your child are not getting better, please contact the Emergency Department for advice on telephone **01270 612160**.

Worrying signs can be:

- Becoming more wheezy.
- Needing more of the reliever inhaler to settle the symptoms.
- Not responding to the inhalers.
- Developing a new temperature or becoming more unwell.
- Inability to feed as too breathless.
- Developing new symptoms which concern you.

If you become too breathless to speak properly, then you will need to call 999 and request an ambulance.

This information is available in audio, Braille, large print and other languages. To request a copy, please ask a member of staff.

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