

Provisional Date Only

Your Provisional Date is: _____

If your official letter has not arrived one week prior to your scheduled theatre date, then you should contact the Theatre Schedulers on 01270 278110.

If you have any changes to your health after your assessment visit, then you should telephone the Pre-operative Assessment Clinic on 01270 612468 between 3.30pm and 4.30pm, Monday to Friday.

You are having your operation under General Anaesthetic, therefore:

Please do not eat from _____. You can drink until _____ but this is only black tea/coffee or water and no sugar. Alcohol should be avoided. No sweets or chewing gum are allowed.

The pre-assessment nurse will instruct you on what medications you can take on the day of your operation.

Do not take the following medication:

If you are on warfarin, please attend the anticoagulant clinic **one week prior to your admission date.**

Please bring in a list of all your medications and your warfarin book (if applicable).

If staying overnight bring your overnight clothing, toiletries, medications and contact numbers.

Information for patients attending the Treatment Centre for a General Anaesthetic

On Arrival

When you arrive at the Treatment Centre admission area you will be greeted by a member of staff.

Prior to your operation:

- Staff will check if there are any medical/medication changes since pre-assessment.
- You may have eye drops in your eye(s). These dilate the pupil to aid the surgeon during the operation.
- You will be reviewed by the surgeon who will confirm/take consent, mark your forehead with an arrow to indicate which eye is to be operated on and answer any questions you may have.
- An anaesthetist will visit you and ask some questions regarding your health, medications and allergies.
- You will change into a theatre gown. Dentures can be left in until you enter the anaesthetic room or placed in a denture pot prior to leaving the waiting area.
- Please leave jewellery and other valuables at home. Your wedding ring will be secured with tape. A locker will be available for you to put your belongings in.
- However, the Trust takes no responsibility for loss or damage of personal items.
- Prior to theatre a checklist will be completed ensuring correct identity, test results and specific care you may need in theatre.

Arriving at theatre

- On arrival a member of the theatre team will greet you.
- The checklist will be repeated.
- You will be positioned on the anaesthetic trolley and made comfortable prior to your general anaesthetic.
- Your blood pressure, pulse and oxygen levels will be recorded.
- A venflon (a small tube) will be inserted into a vein on the back of your hand or arm prior to the anaesthetic. This enables the anaesthetist to give the anaesthetic drugs.
- Once you are under the anaesthetic, you will be transferred into theatre for your operation.

After your operation

- When your surgery is complete you will be transferred to the recovery area.
- Your blood pressure, pulse and oxygen levels will be monitored.
- When recovered you will be transferred to the ward area where refreshments will be offered. If you are staying overnight you will be transferred from the ward area to a ward.
- Your theatre gown and venflon will be removed and you will change into your clothes.
- You may be given a tablet to prevent a rise in eye pressure after your operation.

Discharge

- The nurse will provide you and your relative/carer with all the necessary information, prescription drops, instructions and contact numbers prior to discharge.
- You must not drive yourself home.
- You may be asked to return the following day to the Eye Care Centre to be reviewed or you may receive a phone call instead.
- Your next follow-up appointment can vary from one to six weeks depending on your surgeon's request.

This information is available in audio, Braille, large print and other languages. To request a copy, please ask a member of staff.

Reviewed by Readers' Panel November 2016.

