

Asthma advice for carers of children 12 years and under

Patient/Carer Information

Your child has had an asthma attack but does not need to stay in hospital.

Please make sure you give your child all the prescribed medication. If your child is prescribed Prednisolone (steroid), it is important that he/she finishes the entire course.

Please make an appointment to see their own GP in the next two to three days.

When to seek further help

If you are concerned that your child is not getting better, please telephone the Emergency Department for advice on **01270 612160** or **call 111**.

Worrying signs can be:

- Child becoming more breathless
- Needing more of the reliever inhaler (blue) to settle the symptoms
- Not responding to the inhalers or the relief from them not lasting 4 hours
- Developing a new temperature or becoming more unwell
- Inability to feed as too breathless
- Developing new symptoms which concern you

If your child becomes more drowsy than expected, too breathless to speak, agitated or blue, then you will need to call 999 and request an ambulance.

Give your child 10 puffs of the blue inhaler while you are waiting.

This information is available in audio, Braille, large print and other languages. To request a copy, please ask a member of staff.

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