

## Welcome to your first visit to the Macula Service at the Eye Care Centre

Our aim is to provide a one stop service at this visit, to ensure you receive your treatment on the day of diagnosis. Subsequent appointments will be necessary but will not take as long as today.

The table below sets out your journey with the Macula team today.

<b>Test carried out</b>	<b>Approximate length of time</b>
1. Your vision will be assessed by our Optometrist	30 mins
2. Instillation of eye drops. These drops dilate your pupil to enable further tests	15mins
You are now in a clinic with other patients. There may be a wait for your next test	20 mins
3. OCT scan. Optical Coherence Tomography is scan of the retinal layers of both eyes	10 mins
The consultant will review your scan and decide the next test (if any) to be done	10 mins
If you require further tests then there may be a wait as other patients are already undergoing their tests	30 mins
<b>The Final Test (if required) is</b> Fundus Fluorescein Angiogram (FFA) - see attached leaflet.	45 mins

The consultant will review your results in the afternoon from 1.30 pm onwards. You are welcome to stay or make your way to our tea bars within the hospital. Please take a patient buzzer from the Macula Nurse Co-ordinator. She will contact you via the buzzer when your time is near to see the consultant.

**After 1.30pm**

The consultant will review your results, examine your eye, inform you of the results and agree a management plan with yourself. Information and consent forms will be completed with yourself.	20 mins
Should you require treatment then this will be given today. However, there could be a wait.	30 – 60 mins

It is anticipated that you will leave the Eye Care Centre around 4.30pm

Thank you for your co-operation.

Lisa Rudy-Fitzgerald  
Advanced Clinical Nurse Specialist Ophthalmology

This information is available in audio, Braille, large print and other languages. To request a copy, please ask a member of staff.

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